

A CARLAT PSYCHIATRY REFERENCE TABLE

Climate Change Resources for Clinicians		
Resource	Description	Link
American Psychological Association & ecoAmerica. <i>Mental Health and Our Changing Climate</i>	2021 report on the effects of climate change on mental health, with information on climate anxiety and building resilience	https://tinyurl.com/ybxjuz8z
American Public Health Association. <i>Climate, Health, and Equity</i>	APHA's Climate Health and Equity Center provides public health education and advocacy resources	https://tinyurl.com/yxjwbp6z
ecoAmerica	Climate action organization with a variety of advocacy programs and educational materials	https://ecoamerica.org/
Healthcare without Harm	International organization with various initiatives to help reduce the environmental footprint of the health care industry	https://noharm.org/
The <i>Lancet</i> Countdown on Health and Climate Change	Annual report on the health profile and health risks of climate change	https://tinyurl.com/56k39wx2

Educational Resources for Patients		
Resource	Description	Link
AirNow.gov	Government website with health and air quality information for healthcare professionals and the general public	Guide for Ozone https://tinyurl.com/4ksfeac9 Guide for Particulate Pollution https://tinyurl.com/4kpxvntx Heart Disease Stroke and Outdoor Air Pollution https://tinyurl.com/3sr4rpwx Asthma and Air Pollution https://tinyurl.com/2z9ufwv9 Air Quality Index: A Guide to Air Quality and Your Health https://tinyurl.com/39385hnp
National Council on Aging	Information for older adults, caregivers, and health care professionals on health impacts of climate change	Climate Change and older Adults: Planning Ahead to Protect your Health https://tinyurl.com/mtkhwuky

From the Article:
"Impacts of Climate Change on Mental Health"
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The Carlat Geriatric Psychiatry Report, Volume 4, Number 3&4, April/May/June 2025
www.thecarlatreport.com