

A CARLAT PSYCHIATRY
REFERENCE TABLE

Viibryd Goes Generic, But Is It Worth Prescribing?	
Benefits	FDA approved in major depression. Small benefits in generalized anxiety disorder.
Dosing	Start 10 mg/day, increase to 20 mg/day after one week. If no response after three to six weeks, increase to max of 40 mg/day. Take with food (taking without food reduces levels by 50%). Take in morning as it may be activating.
Drug Interactions	Avoid with MAOIs. Vilazodone's levels are raised by CYP3A4 inhibitors (eg, grapefruit juice) and lowered by CYP3A4 inducers (eg, modafinil). May raise tricyclic and antipsychotic levels (moderate CYP2D6 and CYP2C19 inhibitor).
Risks	Similar to SSRIs (nausea, dizziness, insomnia; potential hyponatremia and osteopenia) but lower risk of sexual dysfunction.

From the Article:
 "Viibryd Goes Generic, But Is It Worth Prescribing?"
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