

**A CARLAT PSYCHIATRY
REFERENCE TABLE**

Common Causes of Secondary Mania in Older Adults (E-MANIC)	
Etiology	Examples
Endocrine and metabolic abnormalities	<ul style="list-style-type: none"> • B₁₂ deficiency • Cushing syndrome • Hyperthyroidism
Medications	<ul style="list-style-type: none"> • Amphetamines/stimulants • Antidepressants • Bronchodilators • Certain antibiotics (eg, clarithromycin) • Certain blood pressure and antiarrhythmic medications (eg, captopril, procainamide) • Levodopa • Pramipexole and bromocriptine • Steroids • Sympathomimetics (eg, epinephrine)
Alcohol or drug use	<ul style="list-style-type: none"> • Amphetamines • Cannabis/synthetic cannabinoids • Cocaine • High-dose caffeine • Inhalants • LSD • MDMA • Opioids • PCP • Steroids
Neurologic and neurodegenerative	<ul style="list-style-type: none"> • Falls/traumatic brain injuries • Frontotemporal dementia • Huntington's disease • Neoplasms, multiple sclerosis, epilepsy • Neurosurgical procedures
Infections	<ul style="list-style-type: none"> • Encephalitis • HIV/AIDS
Cardiovascular	<ul style="list-style-type: none"> • Intracerebral hemorrhage • Ischemic stroke

From the Article:

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