

A CARLAT PSYCHIATRY
REFERENCE TABLE

Summary of Criteria for Prolonged Grief Disorder
A. Loss of someone close over one year ago (or six months for children and adolescents)
B. A persistent and pervasive grief response characterized by longing, yearning, and/or preoccupation with the deceased
C. At least three of the following eight symptoms nearly every day for the past month or longer: <ol style="list-style-type: none">1. Identity disruption2. Disbelief about the death3. Avoidance of reminders that the person is dead4. Intense emotional pain5. Difficulty reintegrating into life6. Emotional numbness7. Feeling that life is meaningless8. Intense loneliness or sense of detachment from others

From the Expert Q&A:
"Prolonged Grief Disorder"
by M. Katherine Shear, MD

The Carlat Psychiatry Report, Volume 21, Number 2, February 2023
www.thecarlatreport.com