

A CARLAT PSYCHIATRY
REFERENCE TABLE

Mini-SPIN		0 – 4
1	Fear of embarrassment causes me to avoid doing things or speaking to people.	
2	I avoid activities in which I am the center of attention.	
3	Being embarrassed or looking stupid are among my worst fears.	
The three items are scored from 0 to 4 (Likert scale, where 0 is “not at all” and 4 is “extremely”) and using a cutoff total score of 6 or greater.		

From the Article:
“Deep Rivers Run Quiet: An Update on Social Anxiety Disorder”
by Steven Hamilton, MD, PhD
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