

## A CARLAT PSYCHIATRY REFERENCE TABLE

Screening Tools for Substance Use Disorders		
Screening Tool	Description	Last Use of Substance(s)
<b>Alcohol Use Disorders Identification Test (AUDIT)</b>	<ul style="list-style-type: none"> <li>• 10 questions created by the World Health Organization</li> <li>• Useful for screening for hazardous alcohol use in patients older than 60 years</li> <li>• <a href="http://www.tinyurl.com/sa2zdezX">www.tinyurl.com/sa2zdezX</a></li> </ul>	Past year
<b>Alcohol Use Disorders Identification Test-Concise (AUDIT-C)</b>	<ul style="list-style-type: none"> <li>• Three-question version of the AUDIT</li> <li>• <a href="http://www.tinyurl.com/dybu22z3">www.tinyurl.com/dybu22z3</a></li> </ul>	Past year
<b>Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)</b>	<ul style="list-style-type: none"> <li>• Eight questions</li> <li>• Identifies tobacco, alcohol, and cannabis use disorder</li> <li>• Widely used in research and clinical practice; not yet validated in older adults</li> <li>• <a href="http://www.tinyurl.com/237kcx2c">www.tinyurl.com/237kcx2c</a></li> </ul>	Three months
<b>Brief Addiction Monitor (BAM)</b>	<ul style="list-style-type: none"> <li>• 17-item monitoring instrument</li> <li>• Measures type and frequency of substance use, indicators of relapse risk, and recovery-oriented behaviors</li> <li>• <a href="http://www.tinyurl.com/22b3ds2n">www.tinyurl.com/22b3ds2n</a></li> </ul>	One month
<b>Cut Down, Annoyed, Guilty, Eye-Opener (CAGE) Substance Abuse Screening Tool</b>	<ul style="list-style-type: none"> <li>• Four-question screener for alcohol use disorder</li> <li>• Commonly used; limitations include missing binge drinkers and not distinguishing between lifetime and current usage</li> <li>• <a href="http://www.tinyurl.com/msvcv95s">www.tinyurl.com/msvcv95s</a></li> </ul>	Lifetime
<b>CAGE Adapted to Include Drug Use (CAGE-AID)</b>	<ul style="list-style-type: none"> <li>• Four CAGE questions adapted to substance misuse</li> <li>• <a href="http://www.tinyurl.com/yphpdaua">www.tinyurl.com/yphpdaua</a></li> </ul>	Lifetime
<b>Cannabis Abuse Screening Test (CAST)</b>	<ul style="list-style-type: none"> <li>• Six-item self-assessment tool related to frequency of cannabis use, degree of dependence, and consequences of use</li> <li>• <a href="http://www.tinyurl.com/bp6eck4w">www.tinyurl.com/bp6eck4w</a></li> </ul>	Lifetime
<b>Cannabis Use Disorder Identification Test-Revised (CUDIT-R)</b>	<ul style="list-style-type: none"> <li>• Eight-item self-administered questionnaire</li> <li>• <a href="http://www.tinyurl.com/3fx6spey">www.tinyurl.com/3fx6spey</a></li> </ul>	Past six months
<b>National Institute on Drug Abuse: Tobacco, Alcohol, Prescription Medication, and Other Substance Use (NIDA TAPS)</b>	<ul style="list-style-type: none"> <li>• Two-part tool combining screening and a brief assessment</li> <li>• Screens for tobacco, alcohol, prescription medication, and illicit drugs</li> <li>• <a href="http://www.nida.nih.gov/taps2/">www.nida.nih.gov/taps2/</a></li> </ul>	Past 12 months
<b>Senior Alcohol Misuse Indicator (SAMI)</b>	<ul style="list-style-type: none"> <li>• Five-question screen designed for older adults</li> <li>• Includes open-ended questions, making scoring more challenging compared to other screens</li> <li>• <a href="http://www.tinyurl.com/4tw38xbc">www.tinyurl.com/4tw38xbc</a></li> </ul>	Past few months
<b>Short Michigan Alcohol Screening Test Geriatric Version (SMAST-G)</b>	<ul style="list-style-type: none"> <li>• 10-question screen designed for older adults</li> <li>• <a href="http://www.tinyurl.com/y6hu4apv">www.tinyurl.com/y6hu4apv</a></li> </ul>	Lifetime
<b>Screener and Opioid Assessment for Patients With Pain-Revised (SOAPP-R)</b>	<ul style="list-style-type: none"> <li>• Questionnaire to help determine how much monitoring a patient with chronic pain on long-term opioid therapy might require</li> <li>• <a href="http://www.tinyurl.com/2p9vhj7m">www.tinyurl.com/2p9vhj7m</a></li> </ul>	Lifetime

From the Expert Q&A: by Louis Trevisan, MD

**“Screening Tools for Substance Use Disorders”**

*The Carlat Geriatric Psychiatry Report*, Volume 2, Number 3&4 April/May/June 2023

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