

## A CARLAT PSYCHIATRY REFERENCE TABLE

Example Medical Mimics	
Category	Examples
<b>Cardiovascular</b>	<ul style="list-style-type: none"> <li>• Cerebrovascular accident (CVA)</li> <li>• Hypertensive emergencies</li> <li>• Myocardial infarction (MI) or acute coronary syndrome (ACS)</li> </ul>
<b>Central nervous system</b>	<ul style="list-style-type: none"> <li>• Neoplasms</li> <li>• Occult head injury</li> <li>• Subdural hemorrhage</li> </ul>
<b>Drug/substance related</b>	<ul style="list-style-type: none"> <li>• Alcohol and benzodiazepine withdrawal</li> <li>• Allergy/cold medicines</li> <li>• Anticholinergics</li> <li>• Antiemetics (eg, metoclopramide and other dopamine-receptor antagonists)</li> <li>• Benzodiazepines</li> <li>• Neuroleptic malignant syndrome</li> <li>• Opioids</li> <li>• Serotonin syndrome</li> <li>• Steroids</li> <li>• Stimulants</li> <li>• Valproic acid (check ammonia level)</li> </ul>
<b>Electrolyte imbalances</b>	<ul style="list-style-type: none"> <li>• Hyper- or hypocalcemia</li> <li>• Hyper- or hypoglycemia</li> <li>• Hyper- or hyponatremia</li> </ul>
<b>Endocrine</b>	<ul style="list-style-type: none"> <li>• Adrenal insufficiency</li> <li>• Hyper- or hypothyroidism</li> </ul>
<b>Infections</b>	<ul style="list-style-type: none"> <li>• HIV/AIDS</li> <li>• Meningitis</li> <li>• Pneumonia</li> <li>• Urinary tract infection (UTI)</li> </ul>
<b>Pulmonary</b>	<ul style="list-style-type: none"> <li>• Carbon monoxide (CO) poisoning</li> <li>• Pneumothorax or COPD exacerbation</li> <li>• Pulmonary embolism (PE)</li> </ul>
<b>Rare</b>	<ul style="list-style-type: none"> <li>• Huntington's disease</li> <li>• Intermittent porphyria</li> <li>• Limbic encephalitis</li> <li>• Neurosyphilis</li> <li>• Systemic lupus erythematosus</li> <li>• Wilson's disease</li> </ul>

*For a more in-depth review of common medical mimics, please visit: [www.thecarlatreport.com/medicalmimics](http://www.thecarlatreport.com/medicalmimics).*

From the Q&A:  
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 by **Miranda Tsang, MD, and Julia Cromwell, MD**  
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[www.thecarlatreport.com](http://www.thecarlatreport.com)