

| Addictive Sexual Behavior Patterns | |
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| Fantasy sex | Obsessive sexual fantasy life; related to sexual possibilities. Neglecting responsibilities to engage in fantasy and/or prepare for the next sexual episode, ie, reading romance novels, spending significant time with e-mails and chat rooms. |
| Seductive role sex | Seductive behavior for conquest; arousal depends on the hunt and diminishes rapidly after initial contact. Arousal can be heightened by increasing risk and/or number of partners. |
| Voyeuristic sex | The use of visual stimulation to escape into an obsessive trance. Arousal may be heightened by masturbation or risk, ie, peeping. |
| Exhibitionistic sex | Attracting attention to the body or sexual parts of the body; stems from viewer reaction of shock or interest. |
| Anonymous sex | High-risk sex with unknown persons; no seduction or cost and is immediate. Arousal has no entanglements or obligations and is often accelerated by unsafe or high-risk environments, ie, one-night stands, sex with strangers in restrooms. |
| Paying for sex | Purchase of sexual services; connected to payment for sex where arousal eventually becomes connected to money itself. |
| Trading sex | Selling or bartering sex for power. Based on gaining control of others by using sex as leverage. |
| Intrusive sex | Boundary violation without discovery. Occurs by violating boundaries with no repercussions, ie, touching others without permission (frotteurism). |
| Pain exchange | Causing or receiving pain or humiliation to enhance sexual pleasure. Arousal is built around specific scenarios or narratives of humiliation and shame. It is often associated with use of animals. |
| Exploitative sex | Exploitation of the vulnerable; arousal is based on particular targets of vulnerability. Includes use of force or partner vulnerability to gain sexual access, ie, using a professional position of power (physician, psychologist, priest, or teacher) for sex or child molestation, incest, or rape. |

Source: Coombs RH, *Handbook of Addictive Disorders: A Practical Guide to Diagnosis and Treatment*. Hoboken, NJ: John Wiley & Sons, Inc., 2004.