

Child Anxiety Resources		
Resource	Website	Description
Anxiety and Depression Association of America	www.adaa.org	FAQs and access to a community of experts on child anxiety
American Academy of Child & Adolescent Psychiatry	www.aacap.org	Resources for parents and children through AACAP's Anxiety Disorders Resource Center
Child Anxiety Network	www.childanxiety.net	Independent and easy-to-use site providing information for parents, teachers, and children
KidsHealth	www.kidshealth.org	Nonprofit designed to provide info that speaks to kids and parents in straightforward terms they can understand
Child Mind Institute	www.childmind.org/audience/for-families	Education for families on all common childhood disorders, including anxiety
Temple University's Child and Adolescent Anxiety Disorders Clinic	www.childanxiety.org	Includes tips for parents and suggested readings
WorryWiseKids	www.WorryWiseKids.org	A free resource center of information and tools to help parents and educators understand anxiety disorder and pick up on warning signs

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Anxiolytic Options for Children and Adolescents, www.thecarlatchildreport.com