

5 Medications to Consider Deprescribing

Medication	Risks
Benzodiazepines	Dependence, falls, cognitive impairment, dementia, sedation, pneumonia, motor vehicle accidents
Antipsychotics in dementia	Metabolic syndrome, TD, EPS, adverse cardiovascular events, temperature imbalance, hypotension, falls, UTIs, death
Cholinesterase inhibitors and memantine	Gastrointestinal effects, dizziness, confusion, headache, insomnia, agitation, weight loss, and falls
Proton pump inhibitors	Fractures, infections, low magnesium and B12
Antidiabetic medications	Hypoglycemia

From the Expert Q&A:
"Deprescribing Medication" with **Barbara Farrell, PharmD**
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