

The Modafinils in Bipolar Disorder	
Armodafinil (Nuvigil) dosing	Start 50 mg qam, raise as needed by 50 mg every 2 days toward 150–250 mg qam.
Modafinil (Provigil) dosing	Start 100 mg qam, raise as needed by 50 mg every 2 days toward 100–200 mg qam.
Other uses	FDA-approved for narcolepsy, obstructive sleep apnea, and shift work disorder. Positive trials in ADHD (dosing up to 400 mg qam of modafinil), cocaine and amphetamine abuse, negative symptoms of schizophrenia, binge eating disorder, and problematic fatigue on medications that cannot be stopped.
Interactions	Metabolized through CYP3A4. Moderate inducer at CYP3A4 and 2C19 (lowers levels of aripiprazole, quetiapine, risperidone, carbamazepine, estrogen-based contraceptives, warfarin, and immunosuppressants).
Cost	Prior authorization is usually required for insurance coverage, but the out-of-pocket cost for both drugs is low (\$20–\$40/month at goodrx.com).

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