

Vortioxetine's Clinical Profile	
Condition	Strength of Evidence
Cognitive symptoms of depression	Strong
Depression with anxiety	Strong
Generalized anxiety disorder	Little benefit but may work in severe GAD
Age-related cognitive decline	Promising
Negative symptoms of schizophrenia	Promising
ADHD	No benefit
Binge-eating disorder	No benefit
Perimenopausal depression	Moderate
Sexual side effects	Moderate evidence of less sexual side effects than SSRIs, but expect more sexual side effects at higher doses (15–20 mg)
How to Use It	
Dosing	To prevent nausea, start low (5 mg/day) and take after a meal; benefits are dose-dependent up to 20 mg/day; if switching from an SSRI, taper the SSRI slowly as vortioxetine will not cover SSRI withdrawal symptoms
Common side effects	Nausea (25%), vomiting, headache, dizziness, dry mouth, diarrhea
Insurance coverage	Vortioxetine is covered by most plans because there are no generic options in its “serotonin modulator” class

From the Article:
“Keeping Up With Trintellix”
 by Michael Posternak, MD

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