

Citalopram in Bipolar Depression	
<b>Design</b>	Randomized, double-blind, placebo-controlled trial
<b>Duration</b>	1 year
<b>Size</b>	Medium (n = 119)
<b>Patients</b>	Bipolar I (63%) or bipolar II (37%) depression
<b>Dose</b>	10–60 mg/day (mean 27 mg)
<b>Outcomes</b>	Rating scales for depression and mania at 6 weeks (primary outcome) and 1 year (secondary outcome): Montgomery-Åsberg Depression Rating Scale (MADRS) and Mania Rating Scale of the Schedule for Affective Disorders and Schizophrenia (MRS-SAD)
<b>Result</b>	No difference in mania or depression after 6 weeks or 1 year, except those with prior rapid cycling who had more manic symptoms on citalopram
<b>Funding</b>	NIMH

From the Research Update:

**“Antidepressants Harm Some With Bipolar Depression”**

by **Chris Aiken, MD**

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