

Impact of Drugs and Medication While Breastfeeding	
Avoid During Breastfeeding	
Alcohol ¹	Disulfiram
Benzodiazepines ¹	Illicit opioids
Cocaine	THC
Codeine	Tobacco
Not Enough Data for Recommendation	
Acamprosate	Topiramate
Gabapentin	
Permitted in Breastfeeding	
Antipsychotics	Naltrexone
Buprenorphine	Nicotine replacement
Carbamazepine ²	SNRIs
Lithium ²	SSRIs
Methadone	Valproic acid ²

¹Not totally contraindicated but requires caution; see text for further recommendations

²Check infant plasma levels

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