

Illustrative Buprenorphine Microdosing Protocol

Day	Buprenorphine Dosage	Preexisting Opioid Dosage (methadone, heroin, fentanyl, etc.)
1	0.5 mg ¹ once	Full dosage
2	0.5 mg BID	Full dosage
3	1 mg BID	Full dosage
4	2 mg BID	Full dosage
5	2 mg TID	Full dosage
6	2 mg QID	Full dosage
7	4 mg TID	STOP

Start 0.5 mg buprenorphine; patient can continue opioid agonist use. Gradually increase buprenorphine dose as tolerated by the patient until the patient reaches 8–12 mg of buprenorphine, then stop opioid agonist and titrate buprenorphine until patient is no longer experiencing cravings.

¹Small doses can be obtained by cutting 2 mg strips into sections (eg, ¼ of a strip provides 0.5 mg, and ½ of a strip provides 1 mg).

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