

A CARLAT PSYCHIATRY  
REFERENCE TABLE

| Common Terms for Alcohol Drink Sizes |  |   |
|--------------------------------------|--|---|
| Term                                 | Volume   | Number of Standard Drinks of 40% Liquor |
| Nip/shot <sup>1</sup>                | 50 mL  | 1                                       |
| Half-pint                            | 200 mL   | 4.5                                     |
| Pint                                 | 375 mL (not actually a pint, but half of a fifth)              | 8.5                                     |
| Fifth                                | 750 mL (size of standard wine bottle, approx. 1/5 of a gallon) | 17                                      |
| Handle/half-gallon                   | 1.75 L   | 40                                      |

<sup>1</sup>Nips and shots are similar but not exactly the same. A nip usually refers to a miniature bottle that contains 50 mL, whereas a shot refers to a small glass that typically will hold 1.5 fluid ounces, which is 44 mL.

From the Expert Q&A:  
“Real-World Alcohol Use Disorder Treatment”  
By Ismene Petrakis, MD

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