

A CARLAT PSYCHIATRY
REFERENCE TABLE

Important Laboratory Values	
Markers of Inflammation	
Alanine transaminase (ALT)	More elevated in non-alcoholic fatty liver
Aspartate transaminase (AST)	More elevated in alcoholic liver disease
Gamma-glutamyl transpeptidase (GGT)	Most sensitive for alcoholic liver disease
Markers of Synthetic Function	
Albumin	Decreased in alcoholic liver disease
Direct bilirubin	Increased in alcoholic liver disease
Indirect bilirubin	Increased in alcoholic liver disease & malnutrition
International normalized ratio (INR)	Increased in alcoholic liver disease
Other Relevant Labs	
Iron panel	Iron accumulates in alcoholic liver disease
Mean corpuscular volume	Elevation indicative of B12 deficiency
Platelet count	Decreased in alcoholic liver disease
White blood cell count	Decreased in alcoholic liver disease

From the Expert Q&A:
"Alcohol-Induced Liver Disease"
By Ramon Bataller, MD

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