

Natural History of Alcoholic Liver Disease

Steatosis

Accumulation of fat in the liver
(normal laboratory values or increased GGT)



Steatohepatitis

Fatty liver with inflammation
(elevated laboratory markers of liver inflammation)



Fibrosis

Formation of scar tissue from chronic inflammation
(not reflected in laboratory values early on; seen on noninvasive tests)



Cirrhosis

Scarred liver with impaired function

From the Expert Q&A:
"Alcohol-Induced Liver Disease"
By Ramon Bataller, MD

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