

Optimal Daily Dose Ranges for Second-Generation Antidepressants		
	Optimal Dose for Depression (mg)	Max Approved Dose in Depression (mg)
Bupropion ¹	150–300	450
Citalopram ²	20–40	60
Escitalopram ²	10–20	20
Fluoxetine ²	20–40	80
Fluvoxamine ¹	100–150	300 (in OCD)
Mirtazapine ²	15–30	45
Paroxetine ²	20–30	50
Sertraline ²	50–100	200
Venlafaxine ²	75–150	225

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