## A CARLAT PSYCHIATRY REFERENCE TABLE

12-Step Substance Use Groups: A Patient Resource		
Group	Website	Description
Alcoholics Anonymous	www.aa.org	12-step groups, which have been around since AA's founding in 1939, are a fellowship of people helping other people with an addiction or a compulsive behavior to obtain abstinence. The groups are unscientific and "spiritually based."
Cocaine Anonymous	www.ca.org	
Heroin Anonymous	www.heroinanonymous.org	
Marijuana Anonymous	www.marijuana-anonymous.org	
Narcotics Anonymous	www.na.org	

From the Article:

"Detox: An Overview" by Michael Weaver, MD

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www.carlataddictiontreatment.com