

## Cannabinoids From CBD to THC

Name	Regulation	Effects and Indications
<b>Cannabidiol oil (CBD)</b>	Over the counter	Benefits in psychosis and possibly anxiety. Sedation.
<b>Epidiolex (CBD)</b>	Schedule V Rx	This prescription form of CBD oil was recently FDA-approved for rare forms of childhood epilepsy.
<b>Dronabinol (Marinol) and nabilone (Cesamet)</b>	Schedule III Rx	FDA-approved for nausea during chemotherapy and anorexia in AIDS, these synthetic versions of THC carry similar risks as THC.
<b>Tetrahydrocannabinol (THC)</b>	Illegal in most states	THC is the cannabinoid responsible for marijuana's highs. It is addictive and can cause psychosis and cognitive impairment, particularly in adolescents.

From the Article  
**"Prescription CBD Is Available, But Are We Ready to Use It?"**  
 by **Chris Aiken, MD**  
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