

A CARLAT PSYCHIATRY
REFERENCE TABLE

ANTIDEPRESSANT	OPTIMAL DAILY DOSE
Citalopram	20–40 mg
Escitalopram	10–15 mg
Fluoxetine	20–40 mg
Mirtazapine	15–30 mg
Paroxetine	20–30 mg
Sertraline	50–100 mg
Venlafaxine	75–150 mg

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