

Psychotic Illnesses: A Snapshot					
	Symptoms	Prevalence	Sex Differences	Usual Age of Onset	Developmental Considerations
Brief Psychotic Disorder	1 or more of: • Delusions • Hallucinations • Disorganized speech • Disorganized behavior or catatonia 1–30 days, no other diagnoses & return to pre- morbid function	<ul> <li>Accounts for 9% of first-onset psychosis</li> <li>Higher in develop- ing countries</li> </ul>	Twice as com- mon in females	<ul> <li>Any age starting in adolescence</li> <li>Average onset is in 30s</li> </ul>	Visual hallucinations more common in children than adults (up to 50% in some cohorts)
Delusional Disorder	1 or more delusions lasting for 1+ month, never met criteria for schizophrenia	0.2% (persecutory is most common)	•Roughly equal •Women more jealous	May occur in younger age groups, though more preva- lent in older adults	Consider normal magical thinking in differential
Mood Disorders (BPD, MDD) With Psychotic Features	Primary mood disorder meet- ing criteria for MDE or mania with psychotic symptoms	<ul> <li>1% general population for bipolar disorder</li> <li>Rarer in childhood</li> <li>10%–20% of adults have MDD at some point in their lives</li> </ul>	•About equal for BPD •MDD is 1.5–3x more common in females from teens onward	•BPD mean onset at 18 with 2nd peak in middle age •MDD onset increases mark- edly in puberty and peaks in 20s	<ul> <li>BPD in children and adolescents: judge irritability and agitation against own baseline</li> <li>Delusions and hallucinations tend to be mood congruent</li> </ul>
Neurodevelopmental Disorders (ASD, IDD, Communication Disorders)	Overlapping symptoms: per- ceptual abnormalities, thought disorder, catatonia, deficiencies in reality testing	1% prevalence of IDD and ASD in general population	Males more likely to be diagnosed with mild (1.6x) and severe (1.2x) IDD than females	Onset is in the developmen- tal period, though diagnosis may be delayed until aca- demic or social impairment becomes apparent	<ul> <li>High risk of psychosis and misdiagnosis as well as sen- sitivity to medication</li> <li>Genetic syndromes increase risk of psychosis (ie, DiGeorge syndrome)</li> </ul>
Personality Disorders (Borderline Personality and Cluster C PDs)	Psychotic symptoms with less functional impairment than primary psychotic disorders; possibly transient in crisis or magical thinking	<ul> <li>Varied rates in community, inpatient samples</li> <li>15% of adults have at least 1 PD</li> </ul>	Borderline PD more common in women	May emerge in adolescence and progress through young adulthood, though may not always be recognized until adulthood	<ul> <li>Diagnoses in children/ adolescents often change over time</li> <li>BPD frequently diagnosed in adolescent females</li> </ul>
Schizoaffective Disorder	Mood episode & 2 or more psychotic symptoms AND psy- chotic 2+ weeks apart from mood episode	0.3% of general pop- ulation	More females	• Early adulthood • Older patients may be more likely to have depres- sive type presentation	•Youth may be more like- ly to have bipolar type presentation
Schizophrenia	2 or more psychotic symptoms present for a significant por- tion of time in 1 month & 1 symptom for over 6 months	<ul> <li>Childhood onset schizophrenia is very rare (1/10,000)</li> <li>1% of general population</li> </ul>	• Roughly equal • Males: More negative symp- toms, longer duration	<ul> <li>Typically emerges in late teens and mid 30s</li> <li>Early/mid 20s peak in males</li> <li>Late 20s peak in females</li> </ul>	<ul> <li>Premorbid social &amp; motor problems</li> <li>Earlier onset has poorer prognosis</li> <li>1/3 of adults report their ill- ness started before age 18</li> </ul>
Schizophreniform Disorder	2 or more psychotic symptoms, at least 1 month & less than 6 months	<ul> <li>•0.2% in developed world</li> <li>•Higher in develop- ing world</li> <li>•2/3 transition to schizophrenia</li> </ul>	Roughly equal	•8–24 for males •24–35 for females	Youth: attenuated symptoms and provisional diagnosis may be provided initially
Substance/Medication Induced	Typically acute onset, often resolves after withdrawal, may persist for weeks or longer	•7%-25% of first-episode psychosis attributed to sub- stance/medication use •Prevalence unknown	Unknown	Occurs at any age, though elderly may be particularly vulnerable due to poly- pharmacy and medication exposure	Cannabis-induced psychotic symptoms may persist in heavily using adolescents for up to 1 year following cessa- tion, in some studies
Traumatic Disorders	Traumatized youth may report hallucinations in PTSD	<ul> <li>•US lifetime prevalence is 8.7%</li> <li>•Prevalence lower in children and adolescents</li> </ul>	More common in females across the lifespan	Can occur at any age	Children and adolescents: limited ability to express symptoms, which may be nonspecific

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