

Recommended Medications for Depression in Older Adults

Antidepressant	Other Uses	Side Effects
Bupropion	Apathy, low energy	Dose-dependent seizures (lower risk with XL form), activation
Duloxetine	Anxiety, pain, urinary incontinence	Urinary retention, increased BP, hyponatremia, liver abnormalities
Mirtazapine	Weight loss, insomnia, nausea	Sedation, hyponatremia
Sertraline	Anxiety	Nausea, hyponatremia, falls, fractures, gastritis; inhibits CYP enzymes at ≥ 150 mg/day
Venlafaxine	Anxiety, pain	Increased BP, withdrawal syndrome, hyponatremia
Vilazodone	Anxiety	Hyponatremia; relatively low rate of sexual side effects
Vortioxetine	Cognitive deficits due to depression	Nausea, hyponatremia; relatively low rate of sexual side effects

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