

A CARLAT PSYCHIATRY
REFERENCE TABLE

Intranasal Esketamine Pros & Cons	
Pros	Cons
Rapid reversal of SI, within hours	Only works for some patients
Generally well tolerated at doses used for depression	Has a black box warning: risk for sedation and dissociation after administration, and potential for abuse/misuse
Intranasal administration is convenient and quick	Can only be administered through stringent REMS program, and patients cannot drive for the rest of the day following treatment
May have a role as a bridging therapy until conventional antidepressants kick in	Very expensive if not covered by insurance

From the Expert Q&A:

“Intranasal Esketamine: New Hope for Patients?”

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