

Common Examples of Strongly
Anticholinergic Medications
(Anticholinergic Cognitive Burden Scale Score = 3)

Amitriptyline (Elavil)	Clomipramine (Anafranil)	Doxepin (Sinequan)	Nortriptyline (Pamelor)	Quetiapine (Seroquel)
Benztropine (Cogentin)	Clozapine (Clozaril)	Doxylamine (Unisom)	Olanzapine (Zyprexa)	Thioridazine (Mellaril)
Chlorpheniramine (Chlor-Trimeton)	Desipramine (Norpramin)	Hydroxyzine (Atarax, Vistaril)	Oxybutynin (Ditropan)	Trifluoperazine (Stelazine)
Chlorpromazine (Thorazine)	Dimenhydrinate (Dramamine)	Imipramine (Tofranil)	Paroxetine (Paxil)	Trihexyphenidyl (Artane)
Clemastine (Tavist)	Diphenhydramine (Benadryl)	Meclizine (Antivert)	Promethazine (Phenergan)	Trimipramine (Surmontil)

Source: Boustani M et al, *Aging Health* 2008;4(3):311-320

From the Expert Q&A:

“Anticholinergic Drugs and Risk of Cognitive Impairment and Dementia”
with Shelly L. Gray, PharmD

The Carlat Hospital Psychiatry Report, Volume 1, Number 7&8, October/November/December 2021