

Causes of ADHD Symptoms in Bipolar Disorder			
Cause	Similarity to ADHD	Difference From ADHD	Prevalence in Bipolar
Manic/hypomanic episodes	Symptom overlap (distracted, hyper, irritable, talkative)	In bipolar, these symptoms are usually episodic and occur with other mood symptoms	100%
Cognitive deficits of bipolar disorder	Cognitive problems persist long after the mood episode resolves	Lack of childhood onset	30%–60%
Hyperthymic temperament	Childhood onset; continuous traits of distractibility, restlessness, and irritability	Marked by high accomplishments, social gifts, and decreased need for sleep	10%
Cyclothymic temperament	Childhood onset; continuous problems with organization, attention, and distraction	Mood symptoms are more prominent than they are in ADHD	20%
True ADHD comorbidity	N/A	N/A	10%–20%

Sources: Torres I et al, *Acta Psychiatr Scand* 2015;132(5):389–399; Vöhringer PA et al, *J Affect Disord* 2012;136(3):577–580

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