

A CARLAT PSYCHIATRY  
REFERENCE TABLE

<b>AUDIT-C</b>	
<b>How often do you have a drink containing alcohol?</b>	
0 points: Never	3 points: 2–3 times a week
1 point: Monthly or less	4 points: 4 or more times a week
2 points: 2–4 times a month	
<b>How many standard drinks containing alcohol do you have on a typical day?</b>	
0 points: 1–2	3 points: 7–9
1 point: 3–4	4 points: 10 or more
2 points: 5–6	
<b>How often do you have six or more drinks on one occasion?</b>	
4 points: Daily or almost daily	1 point: Less than monthly
3 points: Weekly	0 points: Never
2 points: Monthly	
<p>In men, a total score of 4 or more is positive.            In women, a total score of 3 or more is positive.            The higher the score, the more likely that a person's drinking is affecting their safety.</p>	

Source: Adapted from Bush K et al, *Arch Intern Med* 1998;158(16):1789–1795

From the Expert Q&A:  
 “Real-World Alcohol Use Disorder Treatment”

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