

Managing Tricyclic Side Effects	
Constipation	Docusate 100 mg BID with sennosides 8.6 mg intermittently daily as needed; bethanechol 10–25 mg TID for severe cases
Dry mouth	Xylitol gum (eg, Spry) TID Biotene products Pilocarpine 4% drop solution (dilute by mixing one part med with three parts water; swish solution in mouth for one minute Q8hr PRN; do not swallow)
Orthostasis	Elastic abdominal binders or support stockings Oral fludrocortisone 0.1–0.2 mg QD or midodrine 5 mg TID
Urinary retention	Bethanechol 25 mg TID

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