## A CARLAT PSYCHIATRY REFERENCE TABLE

Varenicline (Chantix) Facts	
FDA indications	Nicotine cessation
Other uses	Alcohol use disorders (when comorbid with nicotine)
Dosage	Start 0.5 mg QAM for three days then 0.5 mg BID for four days, then 1 mg BID
Side effects	Nausea, insomnia, nightmares
Interactions	None (renally excreted)
Contraindications	None
Cost	\$350/month (a generic is expected soon)

From the Article:

"How to Use Varenicline (Chantix)"

by Steven A. Wyatt, DO

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